Individual and Family Plan

2024 Healthcare Coverage Application/Enrollment/Change Form

How to use this form:

You may use this form to apply for a Sutter Health Plus individual and family plan or make changes to an existing policy. **This form is not used to notify us of a termination.**

Please note:

- If you are selecting the same plan for yourself, spouse/ domestic partner, or dependent(s), please complete one application
- If your spouse/domestic partner or dependent(s) want a different plan they must complete a separate application
- You and your dependents* (other than a dependent child) must live or reside in the Sutter Health Plus licensed service area to be eligible for coverage
- If you or any dependent you're applying for are entitled to Medicare Part A or are enrolled in Medicare Part B, that applicant is not eligible to apply for new Sutter Health Plus coverage; visit *Medicare.gov* to learn more about Medicare plan options

The Health Insurance Counseling & Advocacy Program (HICAP) provides health insurance counseling to senior California residents free of charge by calling 1-800-434-0222. You may also contact your local HICAP for more information about Medicare rights and benefits (see page 9 for contact information).

How to submit your application:

You must email, fax, or mail your signed and completed form to Sutter Health Plus. Missing information may delay processing your application. **Do not include payment with your application.**



EMAIL shpifp@sutterhealth.org



FAX 1-916-736-5090



MAIL Sutter Health Plus P.O. Box 160345 Sacramento, CA 95816

How to submit your first month's premium payment:

If you are applying for coverage as a new policyholder, or on behalf of a new policyholder, please make your first month's premium payment online or by check.



ONLINE

Pay your first month's premium through the Sutter Health Plus Online Payment Center:

sutterhealthplus.org/binderpayment



CHECK

Complete the Remittance Slip on page 9 and make your check payable to Sutter Health Plus.

Mail your first month's premium and completed Remittance Slip to:

Sutter Health Plus P.O. Box 278136 Sacramento, CA 95827-8136

Do not include your application with your payment; it may delay your application process.

Important Note

The Affordable Care Act (ACA) requires Sutter Health Plus to collect the Social Security numbers (SSNs) for all enrolled members. Sutter Health Plus is required to provide IRS Form 1095-B to the IRS with a copy to you. Form 1095-B includes information you will need to report on your income tax return showing that you and your covered family members had qualifying health coverage (referred to as "minimum essential coverage") for some or all months during the year. Sutter Health Plus will not use or share your SSN other than as required by law. **Please be sure to include all SSNs where requested.**

Language Assistance

If you have questions about completing this application, please contact Sutter Health Plus Member Services at 1-855-315-5800 (TTY 1-855-830-3500), Monday through Friday from 8 a.m. to 7 p.m. Sutter Health Plus provides translation services and other language assistance services to you free of charge. If you are working with a broker, you may also call them for assistance. If a broker helped you read and complete this application, they must sign the application (see Section H).

- Your spouse
- Child of a subscriber or spouse
- Parent or stepparent of a subscriber who meets the definition of a qualifying relative under section 152(d) of Title 26 of the United States Code



^{*} A dependent may be:

Section A - Enrollment Is the applicant an existing or former Sutter Health Plus member? Yes No If Yes, please include your Member ID here **Enrollment Period Enrollment or Change Type Annual Open Enrollment Period New Enrollment Existing Subscriber** Special Enrollment Period Qualifying Event Date _____ Change Plan Please complete the Attestation Form for Qualifying Events for Add Dependent(s) Special Enrollment included Requested Effective Date **Demographic Change Only** Name Change Address Change Phone Number Change **Section A1** – Plan Details and Account Information

Select the plan you would like

(2024) Platinum MI01 HMO*

(2024) Gold MI02 HMO*

(2024) Silver MI03 HMO*

(2024) Bronze MI04 HMO*

Sections to Complete

If you are applying for coverage for:

- Yourself only (subscriber), complete **Section B** and Section E if applicable
- Child only, complete Sections B, D and E

If you are applying for any other coverage, complete **Sections B and C** and **Section D** if applicable.

If you are updating or changing name, address or phone, complete Section B for subscriber and Section C for dependents if information is different from subscriber.

You need to select a primary care physician (PCP) for yourself and each covered family member. Please include your PCP's name and provider ID in Sections B and C.

^{*} All Sutter Health Plus plans prescription drug coverage is , on average, expected to equal or exceed the standard Medicare Part D benefit value. This is considered creditable coverage. Since this coverage is creditable, Medicare-eligible individuals do not have to enroll in a Medicare prescription drug plan while they maintain this coverage. Be aware, however, that if the individual has a subsequent break in this coverage of 63 days or longer any time after they were first eligible to enroll in a Medicare prescription drug plan, the individual could be subject to a late enrollment penalty in addition to the Medicare Part D premium.

_ast Name			First Name			MI
Gender Date of B	irth (Required) S	ocial Security	Number (Required)	Email Address (Required)	<u>i</u>
Residential Address	***		City	•	State	ZIP
lome Phone	Mobile Ph	ione	i.	Work Phone	i	
Mailing Address (P.O. Box accept	ed) Same as res	idential	City		State	ZIP
Previous Name (If any)			Primary Spoken L	_anguage		
PCP Information – You need do not select a PCP, one will b 1-855-315-5800 (TTY 1-855-8	e assigned. You have th 30-3500) or on the Men	ne opportunity	to change your PCP of find a PCP, please vis	by calling Membe	r Services at	t
PCP First Name			PCP Last Name			
Provider ID#			Current Patient? Yes No			
ction C – Dependent Information C1 – Spouse/Domestic Pa		my nlan				
Spouse Last Name Domestic	THE Add to 1		First Name			MI
Partner ender Date of B M F U ¹	irth (Required) S	ocial Security	Number (Required)	Email Address		
esidential Address		(City		State	ZIP
Mailing Address (P.O. Box accept	ed) Same as re	sidential (City		State	ZIP
I would like to select a PC	CP I would	like a PCP as:	signed			
PCP First Name		F	PCP Last Name			
Provider ID#		i.	Current Patient?			

Section C - Dependent Information Continued Add to my plan Child **Last Name** First Name ΜI Parent/ Stepparent Date of Birth (Required) Gender **Social Security Number** (Required) **Email Address** U^1 Μ F **Residential Address** State ZIP City Mailing Address (P.O. Box accepted) Same as residential City State ZIP I would like to select a PCP I would like a PCP assigned **PCP First Name PCP Last Name** Provider ID# **Current Patient?** Ρ Yes No Add to my plan Child ΜI **Last Name** First Name Parent/ Stepparent Gender **Date of Birth** (Required) **Social Security Number** (Required) **Email Address** Μ F U^1 **Residential Address** City State ZIP Mailing Address (P.O. Box accepted) ZIP Same as residential City State I would like to select a PCP I would like a PCP assigned

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Child Last Nar Parent/ Stepparent	me		First Name			MI
ender Dat	te of Birth (Required)	Social Securi	ty Number (Required)	Email Addr	ress	
M F U ¹		<u>_</u>	City		State	ZIP
ailing Address (P.O. Box a	accepted) Sa	me as residential	City		State	ZIP
I would like to selec	ct a PCP	I would like a PCP a	ssigned			
PCP First Name			PCP Last Name			
Provider ID#			Current Patient? Yes No			
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						oligations
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e financially responsible est Name mail Address (Required) tion E - Parent or Le	party is someone oth	Home Phon	First Name Mobile is a child under 18)	nformation b	elow.	
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e financially responsible ast Name mail Address (Required) tion E - Parent or Le Parent or Legal Guard Last Name Email Address (Required)	gal Guardian (if the	Home Phone primary applicant as financially respo	First Name Mobile is a child under 18) nsible party First Name	Phone	Work Phor	ne

Section F - Premium Payment Information and Effective Date

For your application to be considered complete, you must make your first month's premium payment, online or by check, when you apply for coverage. We will notify you of your effective date in your acceptance letter. If you have questions regarding your enrollment status, please contact your broker or Sutter Health Plus Member Services at 1-855-315-5800, Monday through Friday from 8 a.m. to 7 p.m.



ONLINE

Pay your first month's premium through the Sutter Health Plus Online Payment center: sutterhealthplus.org/binderpayment



CHECK

Make your check payable to Sutter Health Plus. Please use the Remittance Slip on page 9 and send your initial premium payment to: Sutter Health Plus P.O. Box 278136 Sacramento, CA 95827-8136

Section F2 – Subsequent Premium Payments

To ensure we promptly process and post payments to your account, please mail premium checks to the following address:

Sutter Health Plus P.O. Box 278136 Sacramento, CA 95827-8136

Please include the subscriber identification number in the memo line of your check.

You also have the choice to pay your premium online once you have created your Sutter Health Plus Member Portal account. For more information, please call Sutter Health Plus Member Services at 1-855-315-5800.

If you and your dependents are enrolling together, the effective date for the primary applicant (subscriber) will also apply to all dependents.

A newborn child is automatically covered from the moment of birth for thirty days following birth. The child must be enrolled within 60 days after birth for membership to become effective and continue coverage beyond the first thirty days after birth. A newly adopted child's (including a child placed with you for adoption) membership will begin on the date when the adopting parent gains the legal right to control the child's healthcare. Please reference the Indvidual and Family Plan Membership Agreement and Evidence of Coverage and Disclosure Form (EOC) for more information on enrolling a newborn or adopted child.

Section G - Other Coverage Information

Will you or one of your dependents have any other health plan coverage (in addition to Sutter Health Plus) after your enrollment effective date?

Yes No (If you check yes, Sutter Health Plus will send you a Coordination of Benefits Form to complete and return.)

Section H – Agent, Broker or Representative Information

For applicants using an insurance agent, broker, or representative

A three percent commission will be paid to the agent or agency on a monthly basis for which the coverage is effective and premium has been received. Premiums are the same whether or not you use an agent, broker, or other representative.

Agent, Broker, or Representative Name

If you have assisted the applicant in submitting the application, the law requires that you attest to this assistance. If, in making this attestation, you state as true any material fact you know to be false, you will be subject to a civil penalty of up to ten thousand dollars (\$10,000), as authorized under California Health and Safety Code section 1389.8I or Insurance Code section 10119.3, in addition to any other applicable penalties or remedies available under current law.

I assisted the applicant in submitting this application. To the best of my knowledge, the information on this application is complete and accurate. I explained to the applicant, in easy-to-understand language, the risk to the applicant of providing inaccurate information, and the applicant understood the explanation.

Agent, Broker or Representative Signature			Date			
Last Name			First Name			MI
Street Address			i			k
City				County	State	ZIP
Phone	Fax	E	Email Address			
Agency Name	L	Agent License Number		SHP ID Number		

Section I - Member Agreement (Please read the following information carefully)

This application is part of the Individual and Family Plan Membership Agreement and EOC. By signing this form, you are accepting the terms, conditions, and provisions contained in this form and the Individual and Family Plan Membership Agreement and EOC. You have the right to read the Individual and Family Plan Membership Agreement and EOC before applying for coverage or enrolling in Sutter Health Plus. To obtain a copy, contact your broker or call Sutter Health Plus Member Services at 1-855-315-5800 (TTY 1-855-830-3500).

Agreement To Be Bound

I declare that I have read this application, the answers provided, and the documents enclosed. I have had an opportunity to review the Individual and Family Plan Membership Agreement and EOC (Agreement) and by signing this document accept all terms and rates and conditions set forth in the Agreement. I certify that the information provided with this application is true, complete, and correct to the best of my knowledge.

If this application is accepted by the health plan, then my signature will result in a binding contract with the healthcare coverage, terms and conditions set forth in the Individual and Family Plan Subscriber Contract and EOC.

Authorization To Release Information

I authorize Sutter Health Plus to disclose to my Sutter Health Plus broker or agent the status of my application for coverage, as well as that of any Applicant on whose behalf I am executing this authorization, including whether an application was received, accepted, or rejected; if accepted, the effective date of coverage; and information regarding the status of bills and payments for amounts due for coverage.

Third Party Recovery

I understand that by signing below I am agreeing to grant a lien on third party recoveries. For more information please refer to the section entitled Third Party Responsibility - Subrogation in the Individual and Family Plan Subscriber Contract and EOC.

Binding Arbitration

Sutter Health Plus handles and resolves member disputes through grievance, appeal and independent medical review processes. However, in the event that a dispute is not resolved in those processes, Sutter Health Plus uses binding arbitration as the final method for resolving all such disputes.

As a condition of your membership in Sutter Health Plus, you agree that any and all disputes between yourself (including any heirs or assigns) and Sutter Health Plus, including claims of medical malpractice (that is as to whether any medical services rendered under the health plan were unnecessary or unauthorized or were improperly, negligently or incompetently rendered), except for small claims court cases and claims subject to ERISA, shall be determined by binding arbitration. Any such dispute will not be resolved by a lawsuit or resort to court process, except as California law provides for judicial review of arbitration proceedings. You and Sutter Health Plus, including any heirs or assigns to this Agreement, are giving up their constitutional right to have any such dispute decided in a court of law before a jury, and instead are accepting the use of binding arbitration.

I hereby agree to give up my/our right to a jury trial and accept the use of binding arbitration. I understand that the full arbitration provision is contained in the Individual and Family Plan Subscriber Contract and EOC.

Applicant/Financially Responsible Party	Date	

HICAP Contact Information by County

Alameda

333 Hegenberger Rd., Ste. 850 Oakland, CA 94621 (510) 842-1080

Contra Costa

400 Ellinwood Way Pleasant Hill, CA 94523 (925) 655-1393

El Dorado

505 12th St. Sacramento, CA 95814 (916) 376-8915

Nevada

505 12th St. Sacramento, CA 95814 (916) 376-8915

Placer

505 12th St. Sacramento, CA 95814 (916) 376-8915

Sacramento

505 12th St. Sacramento, CA 95814 (916) 376-8915

San Francisco

601 Jackson St., 2nd Floor San Francisco, CA 94133 (415) 677-7520

San Joaquin

505 12th St. Sacramento, CA 95814 (916) 376-8915

San Mateo

1710 S. Amphlett Blvd., Ste. 100 San Mateo, CA 94402 (650) 627-9350

Santa Clara

3100 De La Cruz Blvd., Ste. 310 Santa Clara, CA 95054 (408) 350-3200, option 2

Santa Cruz

1777 A Capitola Road Santa Cruz, CA 95062 (831) 462-5510

Solano

1129 Industrial Avenue, Suite 201 Petaluma, CA 94954 (707) 526-4108

Sonoma

1129 Industrial Avenue, Suite 201 Petaluma, CA 94954 (707) 526-4108

Stanislaus

3500 Coffee Rd., Ste. 19 Modesto, CA 95355 (209) 558-8698

Sutter

505 12th St. Sacramento, CA 95814 (916) 376-8915

Yolo

505 12th St. Sacramento, CA 95814 (916) 376-8915

REMITTANCE SLIP



Effective Date	
Subscriber Name	
Social Security Number (last four digits only)	
Phone	
Email Address	Amount Paid \$
Address	Please remit check payable to Sutter Health Plus:
	Sutter Health Plus
	P.O. Box 278136 Sacramento, CA 95827-8136
	535.36, 5, 1, 1, 5, 6, 6, 6, 6, 6, 6, 6, 6, 6, 6, 6, 6, 6,

Attestation Form

Qualifying Events for Special Enrollment

You may enroll or change your coverage outside of the annual open enrollment period if you meet one of the requirements for a qualifying event. To be considered eligible in most cases, your application for coverage due to a qualifying event must occur within 60 days of the qualifying event. An eligible individual or dependent who experiences a loss of minimum essential coverage, has 60 days prior to and 60 days following the loss of coverage to enroll. Unless otherwise indicated, coverage will become effective the first day of the month following receipt of the application.

Instructions: Select the applicable qualifying/triggering event below and complete the qualifying event details section. Be sure to sign and date the attestation and submit this form along with your Healthcare Coverage Application/Enrollment/Change Form and first month's premium (if applicable).

Qualifying/Triggering Events

Loss of minimum essential healthcare coverage due to a reason that is not your fault. For example:

- Changes in employer-sponsored coverage, such as termination of employment, reduction in work hours, changes in employer premium contribution, or exhaustion of COBRA benefits
- The death of the individual responsible for coverage
- Changes in dependent status
- Termination of government-sponsored coverage, such as Medi-Cal
- Nonpayment of premium by a financially interested third-party entity

Coverage will be effective on the first day of the month following either the date other coverage ends or the date Sutter Health Plus receives the application, whichever is later. Loss of coverage due to voluntary termination, failure to pay premiums and rescission do not qualify as triggering events.

Gain or become a dependent due to marriage or domestic partnership.

Gain a dependent parent or stepparent pursuant to California Health & Safety Code Section 1374.1.

Gain or become a dependent due to birth, adoption, placement for adoption, or placement in foster care. Coverage will be effective on the date of the event unless you request a later effective date.

Court order to provide coverage. Coverage will be effective on the date the court order is effective unless you request a later effective date.

You are receiving services for one of the following conditions from a contracting provider that is no longer participating in the health benefit plan.

- Acute condition
- · Serious chronic condition
- Terminal illness
- Authorized surgery or procedure
- Pregnancy
- Care of a newborn child between birth and age 36 months

Permanent relocation into a Sutter Health Plus service area.

Return from active duty service in the U.S. military reserve forces or the California National Guard.

Divorce, legal separation, or dissolution of domestic partnership.

Death of a dependent.

Quali	Tying/ Iriggering Events Cont.
	Change in eligibility for federal financial assistance through Covered California, including if your employer is changing or discontinuing your current coverage options.
	Released from incarceration.
	Health coverage issuer substantially violated a material provision of the health coverage contract.
	Did not enroll in health coverage during the previous annual open enrollment because you were misinformed that you were covered under minimum essential coverage.
	Enrollment or non-enrollment in health coverage was unintentional, inadvertent, or erroneous due to the error, misrepresentation, misconduct, or inaction of a Covered California employee, agent, or other entity providing enrollment assistance or conducting enrollment activities.
	Victims of domestic abuse or spousal abandonment, including a dependent or unmarried victim within a household, who are currently enrolled in minimum essential coverage and seek to apply for coverage apart from the perpetrator of the abuse or abandonment. Dependents of a victim of domestic abuse or spousal abandonment, on the same application as the victim, may enroll in coverage at the same time as the victim.
	Applied for Medi-Cal coverage, either through Covered California or a local county human services agency, and determined ineligible after open enrollment has ended after a qualifying event.
	You (or a dependent) newly gains access to or are being provided a Health Reimbursement Arrangement Integrated Individual Health Insurance Coverage or Qualified Small Employer Health Reimbursement Arrangement.
Date	alifying Event Details e of Qualifying Event vidual(s) that experienced the Qualifying Event
Req	juested Effective Date
	reby attest that I and/or my dependent(s) have experienced a qualifying event to be eligible for a special enrollment period. By signing attestation, I certify that the information provided above is true, complete, and accurate to the best of my knowledge.
Арр	olicant / Financially Responsible Party Date
Ema	ail, fax or mail your materials to:
Ema	ail: shpifp@sutterhealth.org : 1-916-736-5090
P.O.	ter Health Plus Box 160345 ramento, CA 95816

sutterhealthplus.org

Notice of Language Assistance

IMPORTANT: Can you read this? If not, Sutter Health Plus can have somebody help you read it. You may also be able to get this written in your language. For no-cost help, please call Sutter Health Plus Member Services at 1-855-315-5800 (TTY 1-855-830-3500). (English)

IMPORTANTE: ¿Puede leer esto? Si no puede, Sutter Health Plus puede proporcionarle alguien que le ayude a leerlo. También puede obtenerlo por escrito en su idioma. Llame a Sutter Health Plus Member Services al 1-855-315-5800 (TTY 1-855-830-3500), sin costo alguno. (Spanish)

重要提示:您能讀懂這份文件嗎?如果不能,Sutter Health Plus 可以找人幫助您讀它。您還可能得到用您的語言書寫的這份文件。若需要免費幫助,請致電Sutter Health Plus會員服務,電話號碼1-855-315-5800 (TTY 1-855-830-3500)。(Chinese)

نوكى دق (Sutter Health Plus) سالب شلى هرتص نأ مل عاف ارداق نكت مل اذا ؟اذه ةءارق ىل عرداق تن أله: قمهم قظو حلم قد عاسم على على الله عنه عنه الله عنه الله عنه عنه الله عنه عنه الله عنه الله عنه عنه الله عنه عنه الله عنه ال

ԿԱՐԵՎՈՐ ՏԵՂԵԿԱՏՎՈՒԹՅՈՒՆ. Կարո՞ղ եք կարդալ սա։ Եթե ոչ, Sutter Health Plus-ը կարող է տրամադրել մեկին, ով կօգնի Ձեզ կարդալ այն։ Դուք կարող եք նաև ստանալ այն գրված Ձեր լեզվով։ Անվձար օգնության համար խնդրում ենք զանգահարել Sutter Health Plus-ի Անդամների սպասարկման բաժին՝ 1-855-315-5800 (TTY 1-855-830-3500) հեռախոսահամարով։ (Armenian)

សារៈសំខាន់៖ តីអ្នកអាចអានសចេក្ដីនេះឬទ? បីសិនមិនអាចទ Sutter Health Plus អាចមាននរណាម្នាក់ ជួយអានវាជនអ្នក ។ អ្នកក៏អាចនឹងឲ្យបានសចេក្ដីនេះសរសរេជាភាសារបស់អ្នកដរែ។ សំរាប់ជំនួយ ដាយឥតអស់ថ្លៃ សូមទូរស័ព្ទទៅ ផុនកែសវោសមាជិក Sutter Health Plus តាមលខេ 1-855-315-5800 (TTY 1-855-830-3500)។ (Cambodian)

ىدرف زا دناوت ىم Sutter Health Plus ،ديناوت ىمن رگا ؟ديم هفب و دين او خب ار بل اطم ني ادين اوت ىم اي آ: ممم هتكن تامدخ تفايرد ى ارب. دراد دوجو ى سراف نابز هب بل اطم ني ام محرت ناكما ني ن چمه. دن او خب ن اتي ارب ارن آ ات دري گب كمك نفلت مرامش اب Sutter Health Plus ى اض حا تامدخ رتف د اب اف طل ،ن اگي ار كمك و (Farsi)ديري گب سامت (3500-855-831) 5800-315-315

महत्वपूर्ण: क्या आप इसे पढ़ सकते/सकती हैं? यदि नहीं, तो सट्टर हेल्थ प्लस इसे पढ़ने में किसी से आपकी सहायता करवा सकता है। आप इसे अपनी भाषा मे भी लिखवाने में समर्थ हो सकते/सकती हैं। निःशुल्क सहायता के लिए, कृपया 1-855-315-5800 (TTY 1-855-830-3500) पर सट्टर हेल्थ प्लस मेंबर सर्विसेस को कॉल करें। (Hindi)

LUS TSEEM CEEB: Koj nyeem puas tau tsab ntawv no? Yog koj nyeem tsis tau, Sutter Health Plus muaj neeg pab nyeem rau koj. Tsis tas li ntawd xwb, peb tuaj yeem muab sau ua hom lus koj nyeem tau rau koj tib si. Yog koj xav tau kev pab pub dawb, thov hu rau Sutter Health Plus Lub Chaw Pab Cuam Tswv Cuab ntawm tus xov tooj 1-855-315-5800 (TTY 1-855-830-3500). (Hmong)

重要なお知らせ:これを読むことができます?読めない場合は、Sutter Health Plus が読むのをお手伝いします。あなたの言語で表示できるかもしれません。無料のご相談は、Sutter Health Plus Member Services、電話: 1-855-315-5800 (TTY 1-855-830-3500) まで。(Japanese)

중요: 귀하는 이것을 읽으실 수 있습니까? 만약 읽으실 수 없다면, Sutter Health Plus 에서 다른 사람에게 부탁 하여 그것을 읽으실 수 있도록 도와드릴 수 있습니다. 또한 이것을 귀하의 사용 언어로 작성해 받으실 수도 있 습니다. Sutter Health Plus 회원 서비스 1-855-315-5800 (TTY 1-855-830-3500)에 전화를 하시어 무상으로 도 움을 받으십시오. (Korean)

ໝາຍເຫດ: ທານອານໄດຈັດີໝາຍສະບຸບັນບີ? ຖາ້ອທານອານບຸໃດ, ້ທາງ Sutter Health Plus ມູພີະນຸກັງານຊວ່ຍອານ ໃຫ້ທ່ານ. ນອກຈາກນັ້ນ, ພວກເຮາຍງັສາມາດຂູງນເປັນພາສາຂອງທ່ານໃຫ້ທ່ານອກີດວ້ຍ. ຖາ້ທ່ານຕອ້ງການຄວາມ ຊວ່ຍເຫຼຼື ໂດຍບເສຍຄາບລໍ້ການ, ກະລຸນາຕຸດິຕ ໜວ່ຍບລໍ້ການ ຂອງ Sutter Health Plus ທ[ື]່ໝາຍເລກໂທລະສັບ 1-855-315-5800 (TTY 1-855-830-3500). (Laotian)

ਅਹਮਿ: ਕੀ ਤੁਸੀਂ ਇਸ ਨੂੰ ਪੜ੍ਹ ਸਕਦੇ ਹੋ? ਜੇ ਨਹੀਂ ਤਾਂ, Sutter Health Plus (ਸੱਟਰ ਹੈਲਥ ਪਲਸ) ਕਿਸੇ ਤੋਂ ਇਹ ਪੜ੍ਹਨ ਵਰਿ ਤੁਹਾਡੀ ਮੱਦਦ ਕਰਵਾ ਸਕਦਾ ਹੈ। ਤੁਸੀਂ ਇਸ ਨੂੰ ਆਪਣੀ ਭਾਸ਼ਾ ਵਰਿ ਵੀ ਲਖਿਵਾ ਸਕਦੇ ਹੋ। ਮੁਫ਼ਤ ਮੱਦਦ ਲਈ ਕਰਿਪਾ ਕਰ ਕੇ Sutter Health Plus Member Services ਨੂੰ 1-855-315-5800 (TTY 1-855-830-3500) ਉਤੇ ਕਾਲ ਕਰੋ। (Punjabi)

ВАЖНО: Вы можете это прочитать? Если нет, Sutter Health Plus может предоставить Вам кого-то, кто сможет помочь Вам прочитать это. Вы также можете получить это в письменной форме на своем языке. Для бесплатной помощи позвоните в Службу поддержки членов Sutter Health Plus по телефону 1-855-315-5800 (TTY 1-855-830-3500). (Russian)

MAHALAGA: Nababasa mo ba ito? Kung hindi, maaari kang bigyan ng Sutter Health Plus ng taong babasa para sa iyo. Maaari mo ding hilingin na isulat ito sa iyong wika. Para sa walang-gastos na tulong, mangyaring tumawag sa Sutter Health Plus Member Services sa. 1-855-315-5800 (TTY 1-855-830-3500). (Tagalog)

สำคัญ: คุณอำนออกหรือไม่ ถ้าอำนไม่ออก Sutter Health Plus สำมารถให้คนมำช่วยคุณอำนได้ นอกจำกนี้ คุณยังสำ มารถขอรับเนื้อหำนีเป็นภาษาของคณได้อีกด้วย หำกต้องกำรความช่วยเหลือโดยไม่มีคำใช้จำย กรณำโทรหำ Sutter Health Plus Member Services ที่ 1-855-315-5800 (TTY 1-855-830-3500) (Thai)

QUAN TRONG: Qu. vị có thể đọc thông tin này không? Nếu không, Sutter Health Plus có thể yêu cầu ai đó đọc giúp cho qu. vị. Qu. vị cũng có thể nhận được thông tin này dưới dạng văn bản bằng ngôn ngữ của qu. vị. Đế được hỗ trợ miễn phí, vui lòng gọi cho ban Dịch Vụ Thành Viên của Sutter Health Plus theo số 1-855-315-5800 (TTY 1-855-830-3500). (Vietnamese)