**Wellness Check**
Check blood pressure, screen for healthy weight and assess overall health.

**Screening Tests**

**Cholesterol:** Check every five years.

**Blood Pressure:** Check every 3-5 years (annual if risk factors).

**Diabetes:** Check with your provider, screen individuals ages 35-70 who are overweight.

**New:** **Syphilis:** Check in adolescents and adults who are sexually active and at increased risk.

**Immunizations**

**COVID:** All eligible ages should receive the recommended vaccine dose and schedule per CDC guidelines.

**Influenza (Flu):** Yearly flu vaccine.

**Hepatitis B:** Adults age 18-19 years and ages 40 years or older with risk factors for HBV may receive 2, 3, or 4 doses of Hepatitis B vaccine depending on vaccine or condition.

**Shingles:** Adults age 50 and older with risk factors for HBV may receive 2, 3, or 4 doses of Hepatitis B vaccine depending on vaccine or condition.

**Pneumococcal:** Ages 65 or older with risk factors for HBV may receive 2, 3, or 4 doses of Hepatitis B vaccine depending on vaccine or condition.

**Tdap:** TDaP booster every 10 years.

**HIV:** Yearly flu vaccine.

**COVID:** All adults age 18 and older who have ever smoked should receive a COVID-19 booster.

**Hepatitis A:** Individuals ages 18 and older with risk factors for HBV may receive 2, 3, or 4 doses of Hepatitis B vaccine depending on vaccine or condition.

**Brachial Artery (BIA):** Measure the brachial artery pulse and blood pressure.

**Vitamin D:** Measure serum 25(OH)D levels.

**Prostate Cancer:** PSA check every three years starting at age 50.

**Colonoscopy:** Ages 75 or older have had a complete colorectal examination.

**Bone Density:** Bone density screening.

**Individualized/Patient-Provider Shared Decisions**

**Meningococcal B Vaccine:** Ages 16 to 23.

**HIV:** Ages 13 to 17.

**Hepatitis B:** Ages 18 to 26.

**Shingles:** Ages 60 and older with risk factors for HBV may receive 2, 3, or 4 doses of Hepatitis B vaccine depending on vaccine or condition.

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