



5 Water Safety Tips for Kids

What better way to keep cool on hot summer days than going to a pool, beach or lake? It's important to keep water safety top-of-mind, and parents should be extra vigilant with small children. Here are five ways to keep kids safe in the water:

1 Secure Swimming Pools

Secure fencing may prevent more than half of all swimming pool drownings of young children. Completely surround your pool with a fence on all four sides, at least four-feet high with a self-latching gate.

2 Assign a “Water Watcher”

Unsupervised access to water is the largest drowning threat for children. Take 15-minute turns as the Water Watcher to maintain close and undistracted adult supervision.

3 Wear a Life Jacket

Always wear life jackets around lakes, rivers and other natural bodies of water; it's the law in California for children under 13.

4 Start Swim Lessons Early

When your child is ready, swim lessons can help reduce the risk of drowning.

5 Be Ready to Respond

Learning CPR and water rescue techniques is the best way to prepare for an incident, and possibly save a life.