How to Wear a Mask

Face masks help protect everyone. Here's how to wear your face mask properly.

**STEP 1**
Wash your hands carefully before putting on your mask.

**STEP 2**
Place loops around your ears, or tie the straps behind your head and neck.

**STEP 3**
Carefully pull/stretch the mask to make sure it covers your nose and mouth.

**STEP 4**
If possible, tuck the mask under your chin to help prevent it from shifting.

**STEP 5**
Make sure you can breathe easily.

*In California, you are required to wear a face mask when outside of the home, with limited exceptions.*